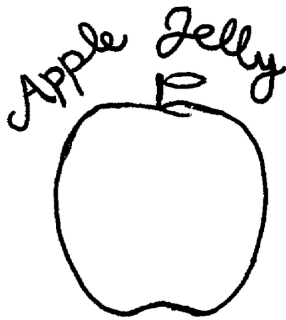


THE *Diary* of a  
~ NORTHERN BELLE ~

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## Apple Jelly Embroidery Pattern



Reverse Pattern

# Thread Key

DMC #221, #310,  
#355, #839, #918

Anchor #22 (or DMC #902),  
#218 (DMC #319)

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## Instructions

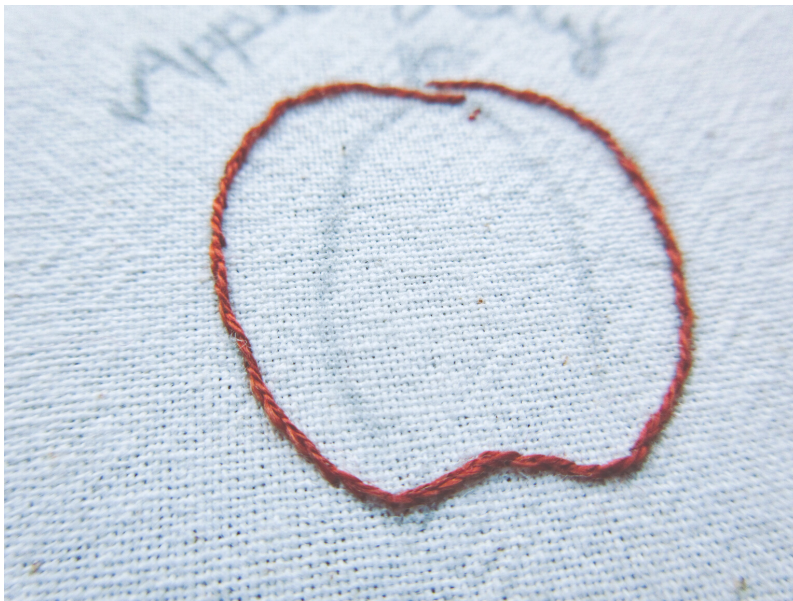


You will need basic embroidery supplies (needle, snips, fabric, hoop, and thread) and the transfer method of your choice. I used a mechanical pencil and lightbox, and will be stitching on a piece of muslin cotton. The design is very small, and works well in a 3" hoop. If you plan on turning the finished embroidery into a jar bonnet (as detailed in the blog post), make sure to cut a piece of fabric big enough to cover your jar, or give yourself enough seam allowance to turn it into an appliqué like I did. If you're doing the appliqué, cutting the fabric to fit inside the 3" hoop will be sufficient. You can also scale the pattern to a different size with your printer settings.

1. Begin by outlining the apple with one strand of DMC #918 (or any red colour used for the apple). If you need help with how to start and end your stitches, I wrote a blog post all about it which you can find [here](#).



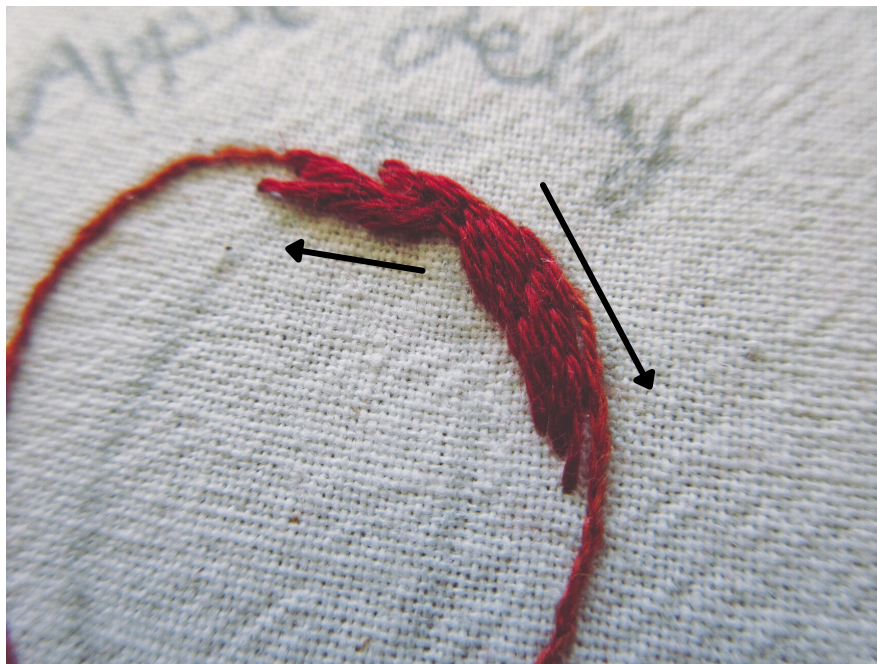
2. Add a few pencil guidelines to help with the direction of your stitches. This is very helpful to do when you're filling a shape with the long & short stitch.



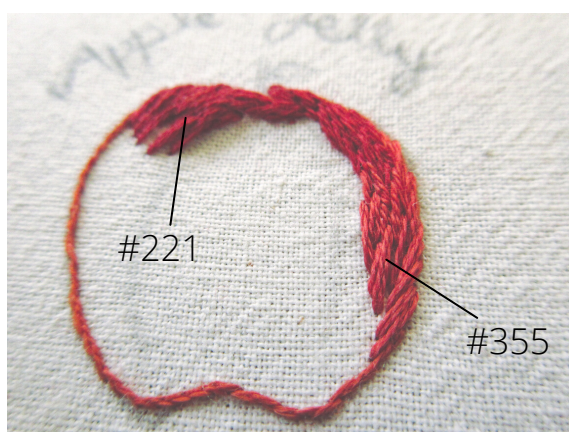
We will be filling the apple with long and short stitches, but you could also use the satin stitch or rows of splitstitch if you prefer! Feel free to experiment.



3. Start at the top of the apple using two strands of Anchor #22 (or DMC #902). For a more detailed and blended look, you can use only one strand, and if you want an even thicker look, you can use three or more. On the left side of the apple, work your long and short stitches going downward, following the shape of the apple. At the top, work a few stitches horizontally, curving slightly to give it shape. I like to work from the inside of the shape, going outward. This allows you to end stitches just outside the outline and give it a nice, neat edge.



4. Continue filling the shape with long and short stitches, varying between DMC #355, #221, #918 and Anchor #22. I chose to blend my colours in a more random manner than is often used with long & short stitch. Instead of working in "rows", I worked in sections of one colour before switching to the next, following the shape of the apple and my guidelines. Around the sides of the apple, I worked very vertically, and it often felt like splitstitch more than long & short, but that's ok! It's a different way of blending that I really like. Feel free to do it in a more traditional way!







5. For the stem, use two strands of #839 and make two straight stitches, one slightly shorter than the other. For the leaf, work a lazy-daisy stitch with two strands of Anchor # 218 (or DMC 319).



6. Finally, use one strand of black thread (DMC 310) and stitch the title "Apple Jelly" with a backstitch. Ignore the border for now, I have instructions for that in the blog post "Jar Bonnet Tutorial".



# Useful Tips & Tricks

If you need help with the embroidery process, I have a few useful posts on my blog that might be helpful:

- [How to Start & End Embroidery Stitches](#)
- [The Only Embroidery Tools You Need](#)
- [5 Basic Stitches to Learn](#) (includes the straight stitch and backstitch used in this project)
- [Easy Chain Stitch Tutorial](#) (includes lazy-daisy stitch tutorial, used in this project)

If you have any questions at all, feel free to contact me: [@northernbellediary](#) or [anne.marie@diaryofanorthernbelle.com](mailto:anne.marie@diaryofanorthernbelle.com) or feel free to leave a comment on the blog!

If you want to turn this embroidery into a jam jar bonnet, you can find the tutorial for it [here](#).

Thank you for your interest in my work and for downloading this pattern.

Happy stitching!

Anne  
xox

